

PSALM 40

An English Translation of the Hebrew Text

Digital file version 1.0.currently in progress

Translated by John A. "Jack" Crabtree

1 For the choir director. A Psalm of David.

§ 1 • Praise for Deliverance from Condemnation

2 I waited patiently for Yahweh, and he inclined to me and heard my cry. 2•He brought me up out of the pit of destruction, out of the miry clay. 3•And he set my feet upon a rock making my footing firm. 4•He put a new song in my mouth, a song of praise to our God.

40:1-3a

3 Many will see and fear and will trust in Yahweh. 2•How blessed is the man who has made Yahweh his trust, and has not looked to the defiant, nor turned aside to falsehood.

40:3b-4

4 Great, O Yahweh, my God, are the wonders which you have done, even your plans with respect to us. (2•There is none to compare with you.) 3•If I wanted to declare and speak of them, they would be too marvelous to recount. 4•Sacrifice and meal offering you did not desire (a body you have prepared for me). 5•Burnt offering and sin offering you did not ask for at the very time when I said, "Behold, I come!"—6•in the scroll of the book it is written of me—"7•I delight to do your will, O my God. 8•Your *torah* is within my heart."

40:5-8

5 I have proclaimed glad tidings of *dikaiousune* in the great assembly. 2•Behold, I will not restrain my lips. 3•O Yahweh, you know: I have not hidden your *dikaiousune* within my heart. 4•I have spoken of your faithfulness and your salvation. 5•I have not concealed your *chesed* and your truth from the great assembly.

40:9-10

§ 2 • An Appeal for Rescue from the Dangers That Have Followed from His Sins

6 You, O Yahweh, will not withhold your compassion from me. 2•Your *chesed* and your truth will continually preserve me.

40:11

7 Indeed, evils beyond number have surrounded me. 2•My iniquities have overtaken me, so that I am not able to see. 3•They are more numerous than the hairs of my head, and my heart has failed me.

40:12

8 Be pleased, O Yahweh, to deliver me. 2•Make haste, O Yahweh, to help me. 3•Let those be ashamed and humiliated together who seek my life to destroy it. 4•Let those be turned back and dishonored who delight in my hurt. 5•Let those be appalled because of their shame who say to me, "Aha, aha!" 6•Let all who seek you rejoice and be glad in you. 7•Let those who love your salvation say continually, "May Yahweh be magnified!" 8•Since I am afflicted and needy, let the Lord be mindful of me. 9•You are my help and my deliverer. 10•Do not delay, O my God.

40:13-17